



# Training, Hawaii

3 – 14, November

By Jack Makani

Hawaii is often compared with the seven chakras. This means that each island carries the unique energy corresponding to one of the chakras. During the training we will visit the **Root Chakra** (Island of Hawaii), **Sacral Chakra** (Island of Maui) and the **Third Eye Chakra** (Kauai- the oldest island). Hawaii is the world that you never seen before and many people consider their trip to Hawaii as the best trip of their lifetime.

In Akasha Training we begin our journey with the root chakra and cleansing our energy. Then we get to work with the center of the abdomen, which will allow us to strengthen the relationship with its vitality. And then we get to work with third eye to clarify and strengthen the vision of his career. At the end of the training, we use all the resources to create a powerful focus on realistic desired goals in life.

## The training program

**3 November:** Arrival to the island of Hawaii (the root chakra), check in to the hotel in Hilo.

**4 November:** Visit to the volcanoes. The purification process by means of lava

**5 November:** Purification and Transformation process using time line therapy

**6 November:** Hike to Hōnaunau, Meditation and swimming retreat for cleansing and healing.

**7 November:** Flight to Maui Island (Sacral Chakra), Moving meditation.

**8 November:** Visiting Haleakala volcano on Maui. This connects our contact with the life force.

**9 November:** Flight to Kauai (third eye). Night meditation on the beach.

**10 November:** Walking the Napali Trail. The myth tells that when the Shaman student walked this trail in the end of education he/she got the mission in life.

**11 November:** Journey to Waimea Canyon and Polihale beach. Meditation on the beach at sunset

**12 November:** Creating a focus on the desired future. Completion of the training.

**13 November:** Departure

## What is Akasha system?

The Akasha (taken from Sanskrit words) is a unique system and combination of 27 different healing signs where each sign is connected to a special vibration, a special quality. The Akasha system is based on Jack Makani's 25 years of experience working with personal transformation. It makes you ready to meet the challenges of modern life. It takes you deep inside yourself and reveals hidden resources ready to be unleashed. Akasha system consists of a series of field training. Training is aimed at the deep inner transformation, and includes ; dynamic dance movement, voice and silent meditation, breathing practices, yoga classes, practice working with the energies of the elements as well as other forms of work with mind, body and the human energy system. The training has a profound transformative impact on the energy system and the level of vibration of participants, which is directly manifested in changes in physiological, emotional and spiritual levels. Therefore if you wish to continue their education in the Akasha recommended interval between steps is at least 3 months.

## The Akasha system helps to

- Maintain the physical, psychological and spiritual health
- Communicate with the higher spiritual forces,
- Understand and implementing its vital mission,
- develop energy healing skill to help yourself and others

## Jack Makani – The Trainer and Akasha Initiator

Mr. Jack Makani is the founding Chairperson of Makani Academy and International Coach and



Trainers Association (ICTA). He is an internationally certified NLP Master Trainer who has trained and certified several thousand NLP Practitioners and Masters, Akasha practitioners and Trainers in many countries. He is a healer and trainer in personal and spiritual development. Jack Makani is a former Army Major in the Danish Army educated in psychology from

The Danish Defence Academy and has been working as a trainer and therapist in a lot of countries since 1990. He has founded several Akasha and NLP institutes in Europe, Russia and has published books, DVDs and CD about personal and spiritual development.

### Training Information

**Dates of Training:** 3 November - Arrival  
04 -12 November- Training  
13 November - Departure

**Places of training:**

The training will be held on 3 Islands of the Hawaiian archipelago beginning from Island of Hawaii (Big Island) and ends with the to the island of Kauai.

**Number of seats available:** 25

**Applications deadline:** 1 March, 2016

**Fee:** US 3500 \$ (US 1,000 \$ booking deposit by 20 March 2016)

**The price includes:**

- Participation in the training;
- accommodation in a double room with breakfast from 03.11.2016 on 13.11.2016;
- domestic flights between the islands;
- rent a car to get around the island;

### Contact

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<http://akasha-training.ru>